

HANUL COUNSELING SERVICES

- Individual/Group Counseling:
Addiction & Mental Health
- Couple/Family Counseling
- Alcohol/Addiction Self-
Assessment
- Mental Health Assessment
- Career Counseling
- Addiction & Mental Health
Seminars

PROFESSIONAL COUNSELORS

Jae Myung Lee, MA, LPC, CCATP
Licensed Mental Health Counselor
☎ (773) 478-8851 / (847) 481-6990
✉ jlee@hanulusa.org

Hyeno Kim, CADC
Addiction Treatment Counselor
☎ (847) 393-7488 / (224) 551-1242
✉ hkim@hanulusa.org

HANUL OFFICES

Chicago Office
5008 N. Kedzie Ave
Chicago, IL 60625
(773) 478-8851

Suburban Office
1166 S. Elmhurst Rd
Mt. Prospect, IL 60056
(847) 439-5195

Lake Office
2900 N. Main St, 1F
Buffalo Grove, IL 60089
(847) 393-7488

Healthy Minds Promote Happiness

Behavioral Health Program



한울 종합복지관
Hanul Family Alliance



Depression

hopelessness, social isolation, suicidal thoughts

Have you experienced depressive feelings for a long time? Do you find that it affects your daily life? Do you sleep too much or not enough? Have you lost interest in things that you enjoyed before?



Anxiety

frustration, restlessness, excessive worry, trauma

Do you often feel anxious? Do you often feel like something bad will happen? Do you feel physically and emotionally tense for long periods of time? Do you suffer from past trauma or extremely stressful events?



Addiction

alcohol, drugs, gambling, or other addiction issues

Do you constantly think about alcohol, drugs, etc., even at this moment? Do you think about quitting but continue the same habits? Do you hide your habits from your family or close friends?



Conflict

conflicts at home/school/work, phase of life problems

Do you often have arguments with your spouse, children, or parents? Or have you not talked nor interacted with them for a long period of time? Do you find it difficult to adjust to new environments?



Anger

anger management, rage, feeling overly stressed

It is natural to feel angry when you experience a negative incident. However, have you been told by others that you get angry too often? Is it hard to calm yourself down? Does this cause you to make big mistakes?



Grief

feeling of loss, distress, depression, anger, trauma

Have you experienced a loss of a loved one or a close friend? Do you find it difficult to overcome? Do you feel overwhelming sadness? Do you feel angry, either with someone or in general? Do you blame yourself?



Do you, your family member, or someone you know suffer from these symptoms? Some situations are hard to overcome, whether it's by yourself or with help from loved ones in your life.

Let the professional counselors at Hanul Family Alliance help you start recovering from these symptoms and take steps towards happiness.

Please contact us if you need help in any way, or have questions about our services.



한울 종합복지관
Hanul Family Alliance